

DEKALB COUNTY HEALTH DEPARTMENT / DEKALB COUNTY HOMELAND SECURITY

Press Release 4/23/20

We must protect the vulnerable and return the healthy to work by exercising the prevention steps listed below. Please review the following bullet point reminders regarding the Coronavirus. Education, information sharing, and compliance with CDC recommendations is our best defense as this pandemic continues to impact the region.

Coronavirus Symptoms (Notice that the list has expanded):

- Cough
- Headache
- Runny Nose
- Fever
- Chills
- Sore Throat
- Shortness of Breath
- Diarrhea
- Vomiting

Coronavirus Testing:

- Testing is presently being performed at Parkview DeKalb Hospital
- Testing guidelines are set by the Indiana State Department of Health
- Testing samples can only be verified by the State or select commercial laboratories

Coronavirus Treatment:

- There is no specific medicine to prevent or treat COVID-19
- Self-treatment at home is most common, most will not need hospitalization
- If you develop a fever, cough, and difficulty breathing seek medical care but call first

Coronavirus Spread Prevention:

- Stay home, save lives – essential travel only
- Maintain social distancing, keep a safe distance of 6 feet or more
- Avoid close contact with people, hand shaking, and touching
- Wear face coverings such as masks, scarf, or bandannas especially in public settings
- Some businesses require employees to wear masks which is a great prevention tactic
- Wash your hands often and avoid touching your face
- Cover your cough and sneeze
- Clean and disinfect frequently

If you are a high risk individual, take care of yourself by limiting social contact and wear a mask. We anticipate the number of positive cases to continue to rise in DeKalb County. We all need to work together to slow the spread. This truly needs to be a unified approach by all in DeKalb County.

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